

Dr. Chris Powers Run Form Report

1



Subject
Last Name
First Name

Record
Name
Date Measured
Number of periods



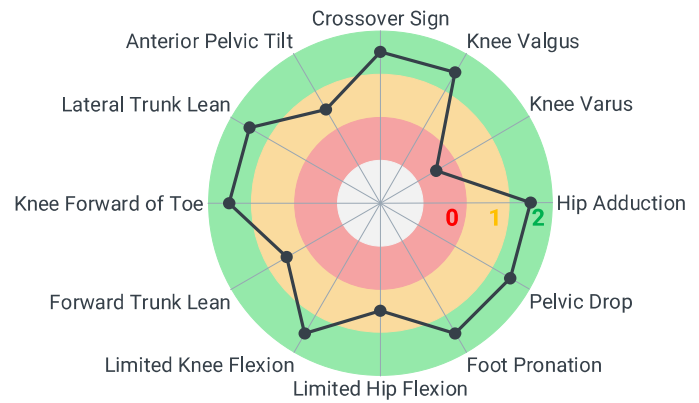
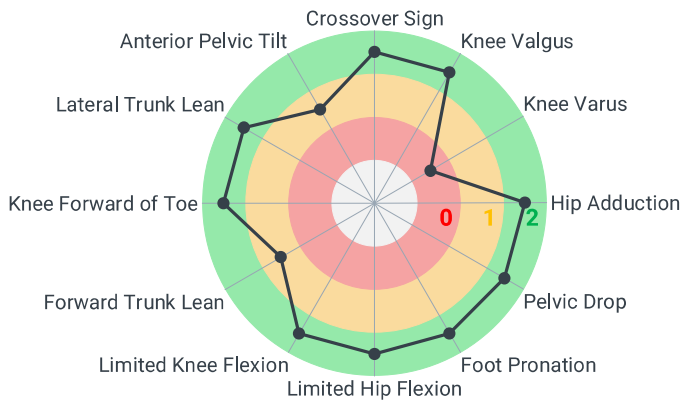
SCORE

LEFT

RIGHT



PARAMETERS



Crossover Sign	
Yes	No
Left	Right
No	No

Knee Valgus		
> 10.0	6.0 - 10.0	< 6.0
Left	Right	
-9 deg	-14 deg	

Knee Varus		
> 10.0	6.0 - 10.0	< 6.0
Left	Right	
11 deg	18 deg	

Hip Adduction		
> 10.0	6.0 - 10.0	< 6.0
Left	Right	
5 deg	0 deg	

Pelvic Drop		
> 10.0	6.0 - 10.0	< 6.0
Left	Right	
2 deg	5 deg	

Foot Pronation	
Yes	No
Left	Right
No	No

Limited Hip Flexion		
< 15.0	15.0 - 25.0	> 25.0
Left	Right	
25 deg	24 deg	

Limited Knee Flexion		
< 30.0	30.0 - 40.0	> 40.0
Left	Right	
40 deg	43 deg	

Forward Trunk Lean		
< 5.0	5.0 - 10.0	> 10.0
Left	Right	
8 deg	6 deg	

Knee Forward of Toe	
Yes	No
Left	Right
No	No

Lateral Trunk Lean		
> 10.0	6.0 - 10.0	< 6.0
Left	Right	
3 deg	3 deg	

Anterior Pelvic Tilt		
> 20.0	10.0 - 20.0	< 10.0
Left	Right	
14 deg	20 deg	